

March 2020

Pathways

Western Reserve Masonic Community

Where LIFEstyles inspire new beginnings

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch PET THERAPY W/ MOJITO (1PM) A-Z game & Drinks 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	2 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Crafts & Drinks Story Telling (1:45PM) EXERCISE W/ LETA (3:30PM) 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	3 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Pamper Time DANCE AGAIN (3PM) 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	4 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Cook & Eat Pina Colada Cake 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	5 Coffee Time 8am Breakfast Mind & Body Warm-up Music & Drinks 12pm Lunch 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	6 Coffee Time 8am Breakfast Mind & Body Warm-up Music & Drinks 12pm Lunch Movie Time with snack 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	7 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Kickball & Drinks 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time <i>Happy Birthday Shirley O.</i>	
8 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch PET THERAPY W/ MOJITO (1PM) A-Z game & Drinks 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time <i>Happy Birthday Jake F.</i>	9 Coffee Time 8am Breakfast Mind & Body Warm-up Music & Drinks 12pm Lunch Crafts & Drinks Story Telling (1:45PM) EXERCISE W/ LETA (3:30PM) 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	10 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Pamper Time 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	11 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch CHRISTIAN FELLOWSHIP (2PM) ZUMBA & DRINKS (3PM) 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time <i>Happy Birthday Jan D.</i>	12 Coffee Time 8am Breakfast Mind & Body Warm-up Music, gardening & Drinks 12pm Lunch MUSIC THERAPY W/ BRENDA (3PM) 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	13 Coffee Time 8am Breakfast Mind & Body Warm-up Music & Drinks 12pm Lunch Movie Time with snack 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	14 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Kickball & Drinks 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	
15 Coffee Time 8am Breakfast Mind & Body Warm-up Music & Drinks 12pm Lunch Short Stories & Drinks 4:30pm Supper Tidy Up Time Puzzles, Reminisce w/ snacks from crockpot/ bake Relaxation Time	16 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Crafts & Drinks Story Telling (1:45PM) EXERCISE W/ LETA (3:30PM) 4:30pm Supper Silver Songbirds Practice (6PM) Tidy Up Time Puzzles, Reminisce Relaxation Time	17 Happy St. Patrick's Day Coffee Time 8am Breakfast Mind & Body Warm-up Pamper Time 12pm Lunch St. Patrick's Day Party DANCE AGAIN (3PM) 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	18 Coffee Time 8am Breakfast Mind & Body Warm-up Music & Drinks 12pm Lunch Cook & Eat M&M Cookies 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	19 Coffee Time 8am Breakfast Mind & Body Warm-up Music & Drinks 12pm Lunch Bowling & Drinks 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	20 Coffee Time 8am Breakfast Mind & Body Warm-up Music & Drinks 12pm Lunch Spring Celebration with songs by Richard (2:30PM) 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	21 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Balloon Volley & Drinks 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	
22 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch PET THERAPY W/ MOJITO (1PM) Rhyming words & Drinks 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	23 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Story Telling (1:45PM) 4:30pm Supper Silver Songbirds Practice (6PM) Relaxation Time	24 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Pamper Time 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	25 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Cook & Eat German Choco Bars ZUMBA & DRINKS (3PM) 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	26 Coffee Time 8am Breakfast Mind & Body Warm-up Music & Drinks 12pm Lunch Games & Drinks MUSIC THERAPY W/ BRENDA (3PM) 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	27 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Games & Drinks 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time <i>Happy Birthday Ruth H.</i>	28 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Ball Toss & Drinks 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	
29 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Short Stories & Drinks 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time	30 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Story Telling (1:45PM) 4:30pm Supper Silver Songbirds Practice (6PM) Relaxation Time	31 Coffee Time 8am Breakfast Mind & Body Warm-up Crock-pot/ Bake Music & Drinks 12pm Lunch Pamper Time 4:30pm Supper Tidy Up Time Puzzles, Reminisce Relaxation Time <i>Happy Birthday Eva W.</i>	Happy Birthday Shirley O. Jake F. Jan D. Ruth H. Eva W.			Coffee Time Read the paper and get some coffee before breakfast Mind & Body Warm-up After breakfast, warm up your mind and body with stretches and exercises Crockpot/Bake Snack for after supper, when relaxing Music & Drinks Sit in the courtyard, relax and enjoy sunshine and music Tidy Up Time Supper's over, time to clean up for the day Puzzles & Reminisce Cleaning is done, time to rest, relax and reminisce *ALL ACTIVITES ARE SUBJECT TO CHANGE*	