



SPRINGFIELD Masonic Community

WHERE LIFESTYLE SPARKS NEW BEGINNINGS

A newsletter brought to you by Springfield Masonic Community

MARCH | APRIL 2021

PRESIDENT'S CORNER



By Tony Berardi, President
As we are nearing the beginning of spring at Springfield Masonic Community, (SMC) we are looking toward the future. Our community

members and staff share many stories and laughs as we all work and live together making the campus a lively and inviting place to call home.

With the coming of spring, marks the one year that we have been dealing with COVID-19. These have been trying times full of turmoil and fear of the unseen enemy that has turned our world upside down. SMC has always kept the community members health and safety at the top of the priority list. With the vaccines now a part of our world, let's believe that better days are ahead. I have seen what COVID-19 can do, and I want to make sure I do my part to keep my community members and my staff safe as well as my family.

Our campus is so beautiful when the trees and flowers start to bloom. The staff works hard to make sure this is a beautiful place to live and work. We are committed to ensuring our community members feel part of SMC and know that they are cared for by our staff. We are working hard to come up with new ways to celebrate so everyone can participate and feel connected.

There are so many things about the campus to experience while knowing you are being cared for. We are excited to let you know that with our "five star rating" you can be assured that you will be living in a safe, friendly community. You will never have to worry about the little things. Give us a call and become part of the SMC family that is committed to the community member's livelihood.

LET'S GET SOCIAL!



Join Us on Facebook at
www.facebook.com/SpringfieldMasonicCommunity.

**TAKE A LOOK AT THE
BACK PAGE!
OUR BEST FINANCIAL ADVANTAGES
ARE IN FULL BLOOM!**

COME JOIN US!

Check out interesting facts about Springfield Masonic Community in the boxes like this throughout the newsletter.



New Home – New Adventures – New Memories

“Take a look” at our Assisted Living in Cunningham Place!

We offer

Studios | One Bedroom Apartments | Two Bedroom Apartments



Contact Brian Clayborn today to take a look!
(937) 489-4854 | bclayborn@ohiomasonichome.org

ON THE Chopping Block

DELECTABLE RECIPES FROM OUR EXPERT STAFF!



Sahara's French's Fried Onions

Ingredients

- 3 large onions, sliced into thin rings
- 2 cups milk
- 2 cups all-purpose flour
- 1 pinch garlic powder, or to taste (Optional)
- 1 pinch onion powder, or to taste (Optional)
- 1 pinch ground white pepper, or to taste (Optional)
- salt to taste
- vegetable oil for frying

Instructions

1. Soak onions in milk for 5 minutes.
2. Combine flour, garlic powder, onion powder, white pepper, and salt. Add a handful of onions and toss to coat. Remove and repeat with remaining onions, one handful at a time.

3. Heat oil in a large skillet or deep fryer. Fry onion in batches, stirring as needed, until evenly browned, 2 to 3 minutes each. Drain on paper towels and season with more salt. Store in an airtight container.



DID YOU MAKE IT? POST A PICTURE OF YOUR CREATION AND TAG US ON FACEBOOK FOR A CHANCE TO WIN A GIFT CARD!

NEW BEGINNINGS ACADEMY *Learn a new skill. Start a new hobby. Spark a new interest.*

The Ohio Masonic Home is proud to continue to nurture your intellectual health through our online platform for Lifelong Learning. The New Beginnings Academy was created to help you engage in Lifelong Learning from the comfort of your own home. With a wide variety of topics from parks and recreations, health and fitness or even interior design there is something here for everyone! Get started now at www.omhacademy.org.



Front Porch Personality with Molly

Learn simple tips on how to integrate your personal style on your front porch.



Navigating Facebook For Seniors with Ursula

In the latest episode of the New Beginnings Academy, sit back and relax as Ursula takes all the questions out of navigating Facebook. She even walks you through how to create an account, if you don't have one already.



Staying Well & Fit with Leta

Check out part-two of our "Staying Well & Fit" series. Follow along as Western Reserve's Leta Turnbaugh takes you through some different at-home exercises you can do to improve your wellness.



Virtual Golfing - Tips and Tricks to Improve Your Golf Game with Brian

Hit the turf with us virtually in this exclusive Golf Lessons video featuring Springfield Masonic Community Sales Manager, Brian Clayborn.

Lifestyle

at
Springfield Masonic Community

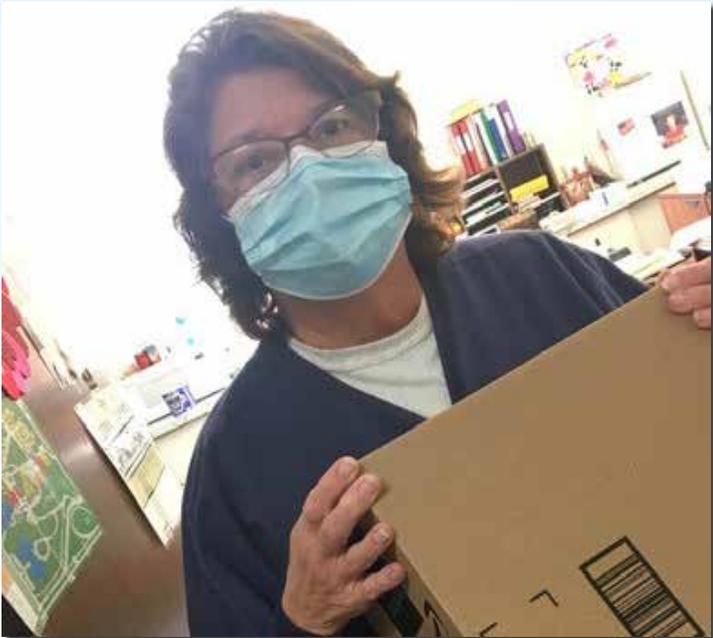
Here's what our community members have been up to!



"I would never have imagined that I'd be a part of SMC's commercial production, I had so much fun!"

Joan, Community Member

DID YOU KNOW?
SMC has a post office!



"We have an active Post Office at SMC – just another perk of living at our community!"

Terri, Post Office Clerk

"The safety and security of our community members is always one of our top priorities. I enjoy being a part of this community."

Noah, Security Guard



"Since we have an indoor pickle ball court, I am able to play pickle ball ALL year around!"

Anonymous Community Member



DID YOU KNOW?
SMC offers virtual church services!

I FEEL LUCKY...

Have you ever stopped to think about luck? What it is, why it exists, or how we capture it? We often hear about the "Luck of the Irish, Lady Luck or sometimes even have the sense that luck is in the air.

In my readings some four to five years ago I came across a quote by author, Sally Koslow, which caused me to reflect on these questions. In fact, the experience resonated so deeply that it still influences my today, my every day. The quote was simple, "**Learn to recognize good luck when it's waving at you, hoping to get your attention.**" Said another way, I think she is telling us to simply count our blessings and appreciate the good that comes into our lives.

Back in July of 2017 when I joined The Ohio Masonic Home (OMH) as a part of the Foundation, "Luck" was literally standing in front of me, waving for me to come over and meet him. My luck that day was in the form of Bill Selsam. Bill was very welcoming and he made it easy to carry a conversation. I remember him telling me that he was relatively new to the Springfield Masonic Community. He had an incredible career as a government relations consultant.

I asked Bill why he chose the Springfield Masonic Community and he said, "I looked all across the State of Ohio and I chose this place because I do not have family and I knew that these good people would become my family and care for me." Bill suggested he was lucky to have The Ohio Masonic Home.

Yes, Bill is certainly blessed by our Ohio Masonic Home. Scores of individuals have been, and are blessed, by the "Home." But as importantly, the Home and all who represent the Home are blessed by Bill. Bill is a shining light on campus taking an active, volunteer leadership role in representing community members. Bill has "played a small part," as he would say, in the mentoring of no less than three staff members who chose to become Freemasons. Undoubtedly choosing so because they wanted to emulate Bill.

We recognize you Bill. We celebrate your 60 years of service as a Freemason. The Springfield Masonic Community is lucky and blessed because of you Bill, and because of every individual like you who has come, and will come, into our lives as a resident, employee, volunteer or donor.

We are waving back to you all!



THE OHIO MASONIC HOME FOUNDATION

Keeping Life in Balance

Intellectual wellness is the ability to open our minds to new ideas and experiences. The art of nurturing your intellectual wellness is just as important to your health as exercise is to your physical wellness. There are many benefits including reduced chance of Alzheimer's and dementia, stress reduction, increase in brain agility and focus, and can even increase your lifespan an additional seven healthy years. Below are some tips to nurturing your intellectual wellness. For more opportunities visit the OMH New Beginnings Academy where you are sure to find a vast array of engaging topics in lifelong learning.

Tips for staying intellectually well

- Read for fun
- Debate and issue with a friend, but choose the viewpoint opposite the one you hold
- Learn a foreign language
- Play board games
- Play a musical instrument
- Write down your thoughts or journal frequently
- Go to seminars or talks on cultural topics
- Visit museums or watch documentaries



UPCOMING
EVENTS

Virtual Open Houses

Tuesday, March 16, 2021 at 1pm
Tuesday, April 13, 2021 at 1pm

Watch your email and social media for ways to register.

DID YOU KNOW?
SMC has
a wood shop!

THE OHIO MASONIC HOME RESOURCE CENTER WELCOMES DAN SHIRK!

Dan Shirk is now the Community Outreach Coordinator for Central Ohio. His new role will include community outreach, professional networking, and working with our community members at Springfield Masonic Community, as well as, serving clients in masonic districts 9, 14, 15 and 19.

Dan is available to assist individuals with finding the services they need to age respectfully. Through the Resource Center, we make referrals and coordinate services with appropriate local agencies and Fraternal organizations, and can connect you to information and resources like finding home health care, durable medical equipment, or connection to benefits like VA, Ohio Department of Job and Family Services (ODJFS), SSI and more. The Resource Center helps community members living on campus, or off. Need resources to help you move? We can help!

If you would like information on resources anywhere in Ohio, please contact us at 877-881-1623, or you may reach Dan at (937) 926-4305.



DID YOU KNOW?
SMC is a full Life Plan Community. We offer Independent Living, Assisted Living, Long Term care, Short Term Care, and Memory Care services.

EMPLOYEE SPOTLIGHT



SAM LEES

Sam Lees has served as a skillful fabricator in the Engineering Department for over 17 years at the Springfield Masonic Community.

Acting as the Engineering Supervisor, Sam has devoted his career to serving seniors and performing a variety of maintenance activities. He enjoys spending his free time working on cars, motor cycles, and anything in the garage. You can find Sam featured in SMC's commercials riding motorcycles with community members and kayaking in local rivers. Sam says, "I really enjoy being a part of a community that offers a variety of activities for both community members and staff. We're always up for any adventure!"



Thanks to the OMH Print Shop for the design and printing of your newsletter.
(937) 525-4939 | www.OMHPrintShop.com



A subsidiary of The Ohio Masonic Home

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Springfield, OH 45504

Do you know someone who would enjoy receiving this newsletter? Or would you like to be removed from our mailing list? Contact Brian Clayborn at (937) 489-4854 or bclayborn@ohiomasonichome.org. www.smcoho.org



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- Paid Pack And Move Service
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- Travel Credits To Keep You Exploring
- Rent Credits
- Unit Upgrades
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- And Many More!

***For more information contact
Brian Clayborn at (937) 489-4854***

